



2026

**VANCOUVER SEVENS INVITATIONAL
PRE-TOURNAMENT PACKAGE**

March 5, 6 and 7, 2026
UBC Gerald McGavin Rugby Centre
and BC Place Stadium



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Introduction

We are delighted to introduce the 2026 Vancouver Sevens Invitational (VSI). Here you will find all necessary pre-tournament information to prepare for the two-day event being held ahead of the u18 Boys & Girls Finals to be played alongside the 2026 HSBC SVNS Vancouver March 7 at BC Place Stadium. This event provides a complete Sevens experience for participants with opportunity for game play, as well as the opportunity to see World Class Competition.

Competition Purpose

The purpose of the Vancouver Sevens Invitational (VSI) is to foster the growth of competitive Rugby throughout British Columbia and Canada. The VSI aims to provide stage appropriate competition to motivate, challenge and inspire young Players, as well as Coaches and Officials.

U18 Boys & Girls Divisions Purpose: Identification and preparation for BC Bears and other Provincial Sevens programs.





U16 Boys & Girls Divisions Purpose: Opportunity for Pathway exposure and development opportunities within BC Rugby Representative Regions and other regional structures across Canada.

2026 Invitational Divisions

The following Age-Grade divisions will be open for team declarations.

Boys

Division	Birth Years	Purpose of Competition	LTAD Stage	Min. Squad Size	Max. Squad Size	Game Length	Half Time Length
U16	2010-2011	Development	Train to Train	12	14	14 mins (7 mins/half)	2 mins
U18	2008-2009	Competitive	Train to Train	12	14	14 mins (7 mins/half)	2 mins

Girls

Division	Birth Years	Purpose of Competition	LTAD Stage	Min. Squad Size	Max. Squad Size	Game Length	Half Time Length
U16	2010-2011	Development	Train to Train	12	14	14 mins (7 mins/half)	2 mins
U18	2008-2009	Competitive	Train to Train	12	14	14 mins (7 mins/half)	2 mins

Schedule Outline

Teams can anticipate 2 Days of Competitive Matches. All Teams will play 3 pool matches on Day 1, with 2 knock-out & playoff matches on Day 2. **Gold Medal Finals for u18 Boys & Girls divisions will be played at BC Place Stadium** in front of the 2026 HSBC SVNS Vancouver crowd on March 7.



Division Structures

U18 Boys & Girls – 8 teams

1. 2 BC Bears Sevens Teams alongside 6 Provincial Sevens programs from across Canada.

U16 Boys & Girls – 12 teams

1. 8 BC Provincial Regional Representative teams – Berths are determined by regional sevens activity & performances, and registration numbers.
2. 4 select Regional and Provincial Sevens programs from across Canada.

VAN SVNS Tournament Passes

BC Rugby is working with Rugby Canada to secure discounted Tournament Passes for VSI Players, Managers and Coaches. More information to be released upon Team Acceptance.

Team Invitations

Team Declarations are subject to approval by BC Rugby. Recent Sevens activity & performances, registration numbers. Coach & Manager profiles will be taken into considerations for approval of Teams.

Important Dates

Deadline	Date
Declaration Deadline	November 14 th , 2025, 5 PM PST
Team Acceptance Notice from BC Rugby	November 19 th , 2025, 5 PM PST
Team Fee Payment Due (\$500 per team)	December 3 rd , 2025, 5 PM PST
Accommodation Booking Deadline	January 21 st , 2026, 5 PM PST
Out of Province Rosters	February 11 th , 2026, 5 PM PST
In Province Rosters	February 18 th , 2026, 5 PM PST
Schedule Confirmation	February 25 th , 2026, 5 PM PST

Missing of Deadlines will result in the removal and replacement of the team from the tournament.





Tournament Details

Dates: March 5, 6 and 7th

Location: University of British Columbia, Vancouver, BC

Tournament Format

Date	Guaranteed Games
Thursday, March 5 th VSI DAY 1	3
Friday, March 6 th VSI DAY 2	2
Saturday, March 7 th U18 FINALS (Girls & Boys)	(Gold Medal Finalists)
Total	5

Minimum Roster: 12

Maximum Roster: 14

Accommodation & Ground Transportation Providers

BC Rugby is working with relevant providers in Downtown Vancouver (walking distance from HSBC SVNS Vancouver at BC Place) with preferred rates and hot buffet breakfast included. Accommodation will be held from Wednesday March 4th until Sunday March 8th to allow teams to attend the HSBC SVNS Vancouver. Accommodation partner booking details will be released by November 19, 2025.

Ground travel to and from UBC on competition days will be provided. Only teams staying with designated accommodation partners will be eligible for ground transportation on competition days.

Medical Information

BC Rugby Medical Staff will be present all weekend. BC Rugby Staff will only step onto the field for an injury if called upon by a Coach, Referee or Therapist. BC Rugby Medical Staff appointed Therapists will be wearing red bibs to identify themselves. Please bring your own taping supplies as these services will not be provided by BC Rugby Medical Staff.

BC Rugby's number one priority is player safety and adheres to World Rugby's policy of 'Recognize and Remove' when dealing with concussions or suspected concussions.





Any player suspected or suffering from concussion should be immediately removed from competition and report to BC Rugby Medical Staff for evaluation.

Coach and Manager Certifications

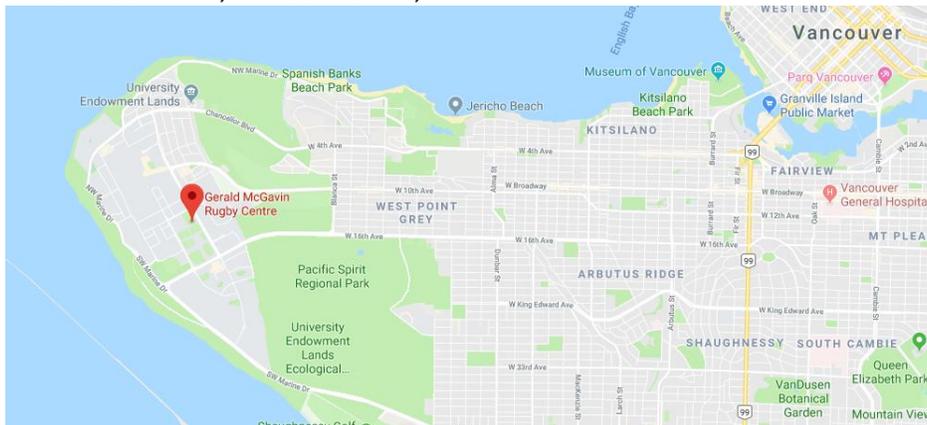
Teams should be aware that all Coaches and Managers are required to complete the following online courses:

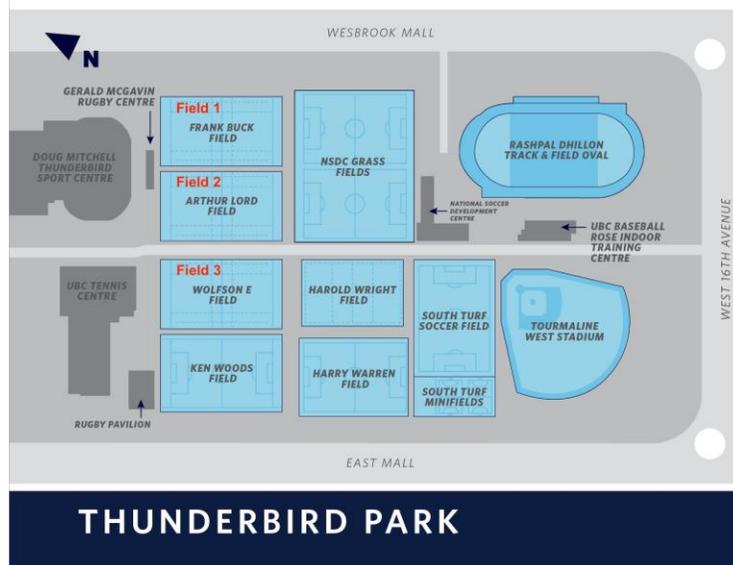
- World Rugby - Concussion Management for the General Public
- World Rugby – Rugby Ready Course

All coaches and managers must be registered with Rugby Canada under the relevant categories and associated with their Regional Union.

Venue Details

The 2026 Vancouver Sevens Invitational are taking place at: UBC's Gerald McGavin Rugby Centre, 2765 Wesbrook Mall, Vancouver BC, V6T 2A1





Parking

Thunderbird Parkade: 6085 Thunderbird Blvd, Vancouver, BC V6T 2A1

Rates:

- Daytime – 6am-6pm - \$2.00 for half hour – Max \$20
- Evenings & Weekends- \$2.00 for half hour - Max \$10

Osborne Lot: 6108 Thunderbird Boulevard

Rates: \$4.00/hr Max. 4hrs

Food & Water

Food Trucks will be onsite, and more details will be provided soon. Please bring your reusable water bottle for the weekend and fill it up at the water stations located throughout the facility.

Funding Opportunities

Teams should be aware of funding opportunities available:

- BC Ferries Sport Experience Program - Through the BC Ferries Sport Experience Program, BC Ferries and viaSport provide travel support to eligible not-for-profit sport organizations and athletes. For more information visit [here](#).